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Brief Alcohol Screening and Intervention for College Students (BASICS) Linda A. Dimeff,1999-01-08 This instructive manual presents a pragmatic and clinically proven approach to the prevention and treatment of undergraduate alcohol abuse. The BASICS model is a nonconfrontational, harm reduction approach that helps students reduce their alcohol consumption and decrease the behavioral and health risks associated with heavy drinking. Including numerous reproducible handouts and assessment forms, the book takes readers step-by-step through conducting BASICS assessment and feedback sessions. Special topics covered include the use of DSM-IV criteria to evaluate alcohol abuse, ways to counter student defensiveness about drinking, and obtaining additional treatment for students with severe alcohol dependency. Note about Photocopy Rights: The Publisher grants individual book purchasers nonassignable permission to reproduce selected figures, information sheets, and assessment instruments in this book for professional use. For details and limitations, see copyright page.

Monitoring the Future, National Survey Results on Drug Use ,1999

College Drinking and Drug Use Helene Raskin White, David L. Rabiner, 2011-11-14 Substance use among college students can result in serious academic and safety problems and have long-term negative repercussions. This state-of-the-art volume draws on the latest research on students' alcohol and drug use to provide useful suggestions for how to address this critical issue on college campuses. Leading researchers from multiple disciplines examine the prevalence and nature of substance use by students; biological and neuropsychological considerations; psychological and social aspects; prevention; and policy. Exemplary programs are presented -- including brief interventions, comprehensive prevention programs, and recovery support programs -- enhancing the utility of the book for campus-based clinicians and administrators. This title is part of The Duke Series in Child Development and Public Policy, edited by Kenneth A. Dodge and Martha Putallaz.

Stress in College Athletics Robert E Stevens, David L Loudon, Deborah A Yow, William W Bowden, James H Humphrey, 2013-10-08 Stress in College Athletics: Causes, Consequences, Coping addresses the causes and consequences of stress in college sports and offers effective coping mechanisms that will help individuals understand and control stressors and emotions in their environment. Athletic administrators, coaches, student athletes, parents of athletes, educators, and social and behavioral science researchers will benefit from this examination of what stress is, the different types of stress,

and what factors can contribute to anxiety. Containing insight from hundreds of student athletes, coaches, and administrators, this vital book offers you proven research, clear explanations, and recommended suggestions that will enable you to cope with stress and not let it affect your job or your game. Examining how both males and females perceive stress, Stress in College Athletics explores developmental differences between the genders to explain the ways in which the two groups react to and deal with stress. Discussing the challenges that you deal with every day, this valuable book offers you several proven suggestions and methods to help reduce stress, including: Using coping techniques, such as physical exercise (other than the sport you play), recreational activities, muscle relaxation, biofeedback, and meditation Doing things for others and looking to your own spirituality in order to alleviate anxiety Eliminating factors such as fatigue and inferior health in order to avoid the negative emotions of jealousy, fear, and anger that can lead to tension and anxiety Learning how to relieve stress in your immediate environment (on the sidelines, in the audience, or during a test) through simple, effective, and inconspicuous exercises Adapting procedures for self-modification of behavior, such as identifying a behavior you want to change, thinking about the result of that behavior and how often it occurs, and reforming that conduct Through practical research, theories about stress and its causes and effects, and insight from peers, this excellent resource offers suggestions for further inquiry in the field of college athletics and stress. Complete and thorough, Stress in College Athletics will provide you with the necessary tools to help you create a personal stress management system that will improve your well-being in and out of the athletic forum.

Lifetime Health, 2009

The Protocols of the Learned Elders of Zion Sergei Nilus, Victor Emile Marsden, 2019-02-26 The Protocols of the Elders of Zion is almost certainly fiction, but its impact was not. Originating in Russia, it landed in the English-speaking world where it caused great consternation. Much is made of German anti-semitism, but there was fertile soil for The Protocols across Europe and even in America, thanks to Henry Ford and others.

The Drug-free Schools and Communities Act ,1993

An Essay on Slavery and Abolitionism Catharine Esther Beecher,1837 Although Beecher takes issue with the call for women's active involvement in the abolition movement, her discussion reveals the inter-relationship between 19th century abolitionism and 19th century feminism.

Campus Sexual Assault (CSA) Study, Final Report - Scholar's Choice Edition Christopher P Krebs, Christine H Lindquist, Et Al, 2015-02-16 This work has been selected by scholars as being culturally important, and is part of the knowledge base of civilization as we know it. This work was reproduced from the original artifact, and remains as true to the original work as possible. Therefore, you will see the original copyright references, library stamps (as most of these works have been housed in our most important libraries around the world), and other notations in the work. This work is in the

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Transforming the Future Riel Miller, 2018-04-27 People are using the future to search for better ways to achieve sustainability, inclusiveness, prosperity, well-being and peace. In addition, the way the future is understood and used is changing in almost all domains, from social science to daily life. This book presents the results of significant research undertaken by UNESCO with a number of partners to detect and define the theory and practice of anticipation around the world today. It uses the concept of 'Futures Literacy' as a tool to define the understanding of anticipatory systems and processes – also known as the Discipline of Anticipation. This innovative title explores: • new topics such as Futures Literacy and the Discipline of Anticipation; • the evidence collected from over 30 Futures Literacy Laboratories and presented in 14 full case studies; • the need and opportunity for significant innovation in human decision-making systems. This book will be of great interest to scholars, researchers, policy-makers and students, as well as activists working on sustainability issues and innovation, future studies and anticipation studies. The Open Access version of this book, available at https://www.taylorfrancis.com/books/e/9781351047999, has been made available under a Attribution-NonCommercial-NoDerivs 3.0 IGO (CC-BY-NC-ND 3.0 IGO) license.

Prenatal Gene Therapy Charles Coutelle, Simon N. Waddington, 2012-05-31 The emerging field of prenatal gene therapy is founded on scientific and technical advances in fetal medicine, molecular biology and gene therapy. This preclinical research subject aims at applying gene therapy during pregnancy for the prevention of human diseases caused by early onset congenital or gestation related conditions. In Prenatal Gene Therapy: Concepts, Methods and Protocols, expert researchers in the field detail many of the protocols which are now commonly used to study gene therapy, fetal medicine and medical ethics. These include detailed protocols for vector production, for breeding and husbandry of the animal models, for the surgical procedures of gene delivery in large and small animals and for the methods of gene transfer analysis. Written in the highly successful Methods in Molecular BiologyTM series format, chapters include introductions to their respective topics, lists of the necessary materials and reagents, step-by-step, readily reproducible laboratory protocols, and key tips on troubleshooting and avoiding known pitfalls. Thorough and intuitive, Prenatal Gene Therapy: Concepts, Methods and Protocols seeks to aid scientists in the further study of prenatal disease and gene therapy projects beyond the scope of fetal medicine.

Promoting Behavioral Health and Reducing Risk among College Students M. Dolores Cimini, Estela M. Rivero, 2018-06-14 Promoting Behavioral Health and Reducing Risk Among College Students synthesizes the large body of research on college students' behavioral health and offers guidance on applying evidence-based prevention and early intervention strategies using a comprehensive public health framework. Chapters authored by leading researchers and practitioners address a broad spectrum of important behavioral health issues, interventions, and challenges. Moving beyond a theoretical discussion to strategies for implementation, this book addresses the special issues and potential barriers faced by practitioners as they translate research to practice, such as resource limitations, organizational resistance, challenges to program sustainability, and the unique needs of special populations. This cutting-edge compendium will appeal to both practitioners and researchers involved in providing prevention, early intervention, and treatment services for college students.

Marine Genetics Antonio M. Solé-Cava, Claudia A.M. Russo, John P. Thorpe, 2000-05-31 International Workshop on Marine Genetics - Rio 98

Readiness to Change Questionnaire Nick Heather, 2001

Handbook of Systems and Complexity in Health Joachim P Sturmberg, Carmel Martin, 2013-01-09 This book is an introduction to health care as a complex adaptive system, a system that feeds back on itself. The first section introduces systems and complexity theory from a science, historical, epistemological, and technical perspective, describing the principles and mathematics. Subsequent sections build on the health applications of systems science theory, from human physiology to medical decision making, population health and health services research. The aim of the book is to introduce and expand on important population health issues from a systems and complexity perspective, highlight current research developments and their implications for health care delivery, consider their ethical implications, and to suggest directions for and potential pitfalls in the future.

The Rights and Responsibilities of the Modern University Peter F. Lake, 2013 This substantially revised and updated second edition includes discussion of recent judicial, legislative and regulatory college safety mandates, modern risk management and prevention practices, and the explosion in college safety and wellness issues (suicide, active shooter violence, sexual assault, etc.) while remaining faithful to the core vision of the first edition. The second edition also addresses the disturbing rise of a new nemesis of the facilitator university -- Compliance U. Crushing new regulatory burdens significantly impact academic freedom and autonomy, and may interfere with the facilitator's chief goal of creating a sustainable, reasonably safe and responsible college environment. Peter Lake has done it again. Over my seven years as General Counsel for a small faith-based college with few resources, I have utilized Peter Lake's writings as a guide to teach my constituents the basics of higher education law and to help me navigate the future in the ever-changing, litigious world of college life. From the first edition of Rights and Responsibilities to his 2009 work Beyond Discipline, I have utilized Peter's

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Lesikar's Business Communication Kathryn Rentz, Marie Elizabeth Flatley, Paula Lentz, 2010-02-01 Business Communication: Making Connections in a Digital World, 12/e by Lesikar, Flatley, and Rentz provides both student and instructor with all the tools needed to navigate through the complexity of the modern business communication environment. At their disposal, teachers have access to an online Tools & Techniques Blog that continually keeps them abreast of the latest research and developments in the field while providing a host of teaching materials. Business Communication attends to the dynamic, fast-paced, and ever-changing means by which business communication occurs by being the most technologically current and pedagogically effective books in the field. It has realistic examples that are both consumer-and business-oriented.

How to Survive and Thrive as a Therapist Kenneth S. Pope, Melba Jean Trinidad Vasquez, 2005-01-01 This book is a nutsand-bolts guide to starting, growing, or improving a psychotherapy practice. 15 appendices make key APA professional standards and guidelines and other resources available for consultation in one source.

Adolescent Addiction Cecilia Essau, 2008 Adolescent Addiction: Epidemiology, Assessment, and Treatment presents a comprehensive review of information on adolescent addiction, including prevalence and co-morbidity rates, risk factors to addiction, and prevention and treatment strategies. Unlike other books that may focus on one specific addiction, this book covers a wide range of addictions in adolescents, including alcohol, cannabis, tobacco, eating, gambling, internet and video games, and sex addiction. Organized into three sections, the book begins with the classification and assessment of adolescent

addiction. Section two has one chapter each on the aforementioned addictions, discussing for each the definition, epidemiology, risk factors, co-morbidity, course and outcome, and prevention and intervention. Section three discusses the assessment and treatment of co-morbid conditions in greater detail as well as the social and political implications of adolescent addictions. Intended to be of practical use to clinicians treating adolescent addiction, the book contains a wealth of information that will be of use to the researcher as well. Contributors to the book represent the US, Canada, the UK, New Zealand, and Australia. About the Editor: Cecilia A. Essau is professor of developmental psychopathology at Roehampton University in London, UK. Specializing in child and adolescent psychopathology, she has been an author or editor of 12 previous books in child psychopathology and is author of over 100 research articles and book chapters in this area. * Comprehensive with the state-of-the-art information on important and the most common adolescent addiction * Easy to understand and organized chapters * Written by international experts

Whole Building Life Cycle Assessment Wblca Guide Special Project Working Group,2018-08-31 This report serves as a guide for the project team to define and model the structural system within the reference building design as required by green building standards and rating systems.

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